

DOWNTOWN COLLEGE PREP EL PRIMERO HIGH SCHOOL

JANUARY

LUNCH K-8 AND 9-12 2023-24



Monday	Tuesday	Wednesday	Thursday	Friday
1 No meal service	2 No meal service	3 No meal service	4 No meal service	5 No meal service
8 No meal service	9 No meal service	10 No meal service	11 - Breaded Chicken Sandwich - Bean And Cheese Burrito - Turkey & Cheese On A Hoagie	12 - Meat Lover's Pizza - Cheese Pizza - Louisiana Jambalaya - Chicken Caesar Salad W/ Roll
15 No meal service	16 - Beef Hot Dog - Bagel Kit - Turkey & Cheese On Dutch Crunch	17 - Pasta Primavera - Chicken Bacon Ranch Salad W/ Roll	18 - Pesto Chicken Sandwich - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce	19 - Meat Lover's Pizza - Cheese Pizza - Chicken Fajita Bowl - Santa Fe Chicken Salad
22 - Hamburger - Spicy Chicken Wrap - Bagel Kit	23 - Chicken Corn Dog - Bagel Kit - Italian Deli Sub	24 - Chicken Parmesan Sub - Cheesy Bean Dip W/ Tortilla Chips	25 - Breaded Chicken Sandwich - Chicken Noodle Soup - Cheese Quesadilla	26 - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken Quesadilla - Chicken Caesar Salad W/ Roll
29 - Cheeseburger - Pasta X Plosion! - Chicken Fajita Wrap	30 - Spaghetti W/ Meatsauce - Chicken Enchiladas - Bagel Kit	31 - Sweet & Sour Chicken Bowl - Mr. Mike's Bbq Chicken Sandwich	1	2

Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN

PLACE YOUR ORDER NOW!



(650) 596-8008



lunchmaster@thelunchmaster.com



www.thelunchmaster.com

DOWNTOWN COLLEGE PREP EL PRIMERO HIGH SCHOOL

JANUARY

BREAKFAST K-12 2023-24



Monday	Tuesday	Wednesday	Thursday	Friday
1 No meal service	2 No meal service	3 No meal service	4 No meal service	5 No meal service
8 No meal service	9 No meal service	10 No meal service	11 - Breakfast Bowl W/Biscuit - Yogurt With Grahams, Brk	12 - Denver Scramble Burrito - Cherry Frudel
15 No meal service	16 - Pancakes W/Syrup Brk - Breakfast Muffins	17 - Scrambled Eggs W/Muffin Brk - Bagel W/ Cream Cheese (Brk)	18 - Chicken Patty Biscuit - Apple Cinnamon Frudel	19 - Concha*
22 - Pancakes W/Syrup Brk - Breakfast Scones	23 - Breakfast Chilaquiles - String Cheese And Mini Muffin	24 - Sausage, Egg & Cheese Biscuit - Cheesy Cornbread Muffin	25 - Breakfast Bowl W/Biscuit - Yogurt With Grahams, Brk	26 - Blueberry Crumble - Breakfast Muffins
29 - Bagel W/ Cream Cheese (Brk)	30 - Sausage & Cheese Muffin - Breakfast Scones	31 - Concha*	1	2

Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer



ALL BREAKFAST ENTREES INCLUDE A FRUIT AND MILK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN

PLACE YOUR ORDER NOW!



(650) 596-8008



lunchmaster@thelunchmaster.com



www.thelunchmaster.com

DOWNTOWN COLLEGE PREP EL
PRIMERO HIGH SCHOOL
JANUARY

LUNCH K-8 AND
9-12 2023-24



Date	Menu Item	Count	Allergens
Thursday 11	Breaded Chicken Sandwich	80	Wheat, Soy, Milk, Chicken, Sesame
	Bean And Cheese Burrito	30	Milk, Wheat, Soy
	Turkey & Cheese On A Hoagie	20	Wheat, Milk, Turkey
Friday 12	Meat Lover's Pizza	100	Wheat, Soy, Milk, Pork, Chicken, Tomato
	Cheese Pizza	20	Wheat, Soy, Milk, Tomato
	Louisiana Jambalaya	20	Beef, Tomato, Turkey
	Chicken Caesar Salad W/ Roll	20	Milk, Chicken, Wheat, Egg, Soy, Fish
Tuesday 16	Beef Hot Dog	60	Wheat, Beef, Soy
	Bagel Kit	50	Wheat, Milk
	Turkey & Cheese On Dutch Crunch	20	Turkey, Wheat, Milk
Wednesday 17	Pasta Primavera	10	Wheat, Milk, Soy
	Chicken Bacon Ranch Salad W/ Roll	10	Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy
Thursday 18	Pesto Chicken Sandwich	30	Chicken, Milk, Wheat, Soy
	Chicken Nuggets W/ Rice Pilaf	80	Chicken, Soy, Wheat, Milk, Egg
	Cheese Ravioli W/ Marinara Sauce	20	Egg, Milk, Wheat, Tomato
Friday 19	Meat Lover's Pizza	80	Wheat, Soy, Milk, Pork, Chicken, Tomato
	Cheese Pizza	20	Wheat, Soy, Milk, Tomato
	Chicken Fajita Bowl	30	Chicken
	Santa Fe Chicken Salad	20	Chicken, Milk, Tomato, Soy, Egg
Monday 22	Hamburger	60	Beef, Wheat, Soy
	Spicy Chicken Wrap	20	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Bagel Kit	40	Wheat, Milk
Tuesday 23	Chicken Corn Dog	60	Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Bagel Kit	50	Wheat, Milk
	Italian Deli Sub	20	Wheat, Soy, Milk, Pork, Beef, Turkey
Wednesday 24	Chicken Parmesan Sub	10	Wheat, Soy, Milk, Tomato, Chicken
	Cheesy Bean Dip W/ Tortilla Chips	20	Milk, Soy
Thursday 25	Breaded Chicken Sandwich	60	Wheat, Soy, Milk, Chicken, Sesame
	Chicken Noodle Soup	40	Wheat, Chicken
	Cheese Quesadilla	30	Wheat, Milk
Friday 26	Meat Lover's Pizza	90	Wheat, Soy, Milk, Pork, Chicken, Tomato
	Cheese Pizza	20	Wheat, Soy, Milk, Tomato
	Bbq Chicken Quesadilla	20	Wheat, Milk, Tomato, Chicken, Soy
	Chicken Caesar Salad W/ Roll	20	Milk, Chicken, Wheat, Egg, Soy, Fish
Monday 29	Cheeseburger	60	Beef, Milk, Wheat, Soy
	Pasta X Plosion!	40	Wheat, Milk, Tomato
	Chicken Fajita Wrap	20	Wheat, Soy, Egg, Milk, Chicken, Tomato
Tuesday 30	Spaghetti W/ Meatsauce	30	Wheat, Egg, Beef, Milk, Tomato, Soy
	Chicken Enchiladas	30	Soy, Milk, Chicken, Tomato

601 Taylor Way, San Carlos, CA 94070



DOWNTOWN COLLEGE PREP EL
PRIMERO HIGH SCHOOL
JANUARY

LUNCH K-8 AND
9-12 2023-24



Date	Menu Item	Count	Allergens
	Bagel Kit	60	Wheat, Milk
Wednesday 31	Sweet & Sour Chicken Bowl	10	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Mr. Mike's Bbq Chicken Sandwich	10	Chicken, Wheat, Soy, Milk, Tomato

DOWNTOWN COLLEGE PREP EL
PRIMERO HIGH SCHOOL
JANUARY

**BREAKFAST K-12
2023-24**



Date	Menu Item	Count	Allergens
Thursday 11	Breakfast Bowl W/Biscuit	30	Egg, Milk, Wheat, Soy, Pork, Turkey, Beef
	Yogurt With Grahams, Brk	30	Wheat, Soy, Milk
Friday 12	Denver Scramble Burrito	20	Wheat, Soy, Egg, Milk, Pork
	Cherry Frudel	40	Wheat, Soy, Egg, Milk
Tuesday 16	Pancakes W/Syrup Brk	20	Wheat, Milk, Egg, Soy
	Breakfast Muffins	40	Wheat, Soy, Egg, Milk
Wednesday 17	Scrambled Eggs W/Muffin Brk	20	Egg, Milk, Soy, Wheat, Egg
	Bagel W/ Cream Cheese (Brk)	40	Wheat, Soy, Milk
Thursday 18	Chicken Patty Biscuit	30	Wheat, Soy, Milk, Chicken
	Apple Cinnamon Frudel	Veg 30	Wheat, Soy, Egg, Milk
Friday 19	Concha*	70	Wheat, Milk, Egg, Soy
Monday 22	Pancakes W/Syrup Brk	30	Wheat, Milk, Egg, Soy
	Breakfast Scones	30	Wheat, Soy, Egg, Milk
Tuesday 23	Breakfast Chilaquiles	30	Wheat, Soy, Egg, Milk
	String Cheese And Mini Muffin	30	Milk, Wheat, Soy, Egg
Wednesday 24	Sausage, Egg & Cheese Biscuit	30	Wheat, Soy, Milk, Pork, Beef, Turkey
	Cheesy Cornbread Muffin	30	Wheat, Soy, Egg, Milk
Thursday 25	Breakfast Bowl W/Biscuit	30	Egg, Milk, Wheat, Soy, Pork, Turkey, Beef
	Yogurt With Grahams, Brk	30	Wheat, Soy, Milk
Friday 26	Blueberry Crumble	30	Wheat, Soy, Egg, Milk
	Breakfast Muffins	30	Wheat, Soy, Egg, Milk
Monday 29	Bagel W/ Cream Cheese (Brk)	60	Wheat, Soy, Milk
Tuesday 30	Sausage & Cheese Muffin	30	Wheat, Soy, Egg, Milk, Pork, Beef
	Breakfast Scones	30	Wheat, Soy, Egg, Milk
Wednesday 31	Concha*	70	Wheat, Milk, Egg, Soy